Silent Retreat Residential Retreat

2003 Website Program Description

Prerequisites for Silent Retreat Program: Gateway Voyage This "next step" in your journey to greater self-knowing will give you the opportunity to spend time with your Self and other like-minded participants who are ready to move into the Silence in a shared sacred space, and is open to graduates of Gateway Voyage.

The Next Silent Retreat: October 4-8, 2003

Silent Retreat

Remember the old Buddhist monk who chuckled as he came down from hearing **Intro 15** the first time: "You Americans! Some of us spend 20 years trying to get here and your technology takes us there listening to one tape."

Come Free Flow with your guidance, beauty and inner contemplation at Roberts Mountain Retreat where a Silent Weekend Retreat will be offered: **October 4-8, 2003**

The purpose of this retreat is to offer sanctuary to those in need of some quality, quiet time, using the Hemi-Sync technology with optional tape schedule, morning and evening group meditations, walking meditations and journaling. Massages will be available for an additional fee with Debbie Granger.

The silence ends late Sunday morning with a group debrief before lunch, making this a quick weekend getaway to replenish the Spirit and soothe the Soul.